

# Sunny California Salad with Strawberries and Avocado



Serves 4

Ingredients:

- 4 slices of bacon
- 8 cups mixed lettuce greens
- 12 strawberries, sliced
- 4 green onions, thinly sliced
- $\frac{1}{2}$  cup pistachios
- 1 avocado, sliced

- 4 tablespoons extra virgin olive oil
- 4 tablespoons balsamic vinegar

#### Instructions:

1. Heat a skillet over medium-low heat. Once hot, place the bacon slices on the skillet. Cook until crispy, turning often. About 8 to 10 minutes. Remove bacon from the skillet and set aside.
2. In a large bowl, add mixed greens, strawberries, green onions and pistachios.
3. Once bacon has cooled, crumble and sprinkle over salad.
4. Divide salad evenly between four bowls and top each salad with sliced avocado.
5. Drizzle olive oil and vinegar over salad and serve.

Nutrition per serving: Calories 348; Total Fat 28.9 g; Saturated Fat 4.4 g; Monounsaturated Fat 18.1 g; Polyunsaturated Fat 4.8 g; Total Carbohydrates 17.2 g; Dietary Fiber 6.9 g; Sugar Alcohols 0.1 g; Sugars 7.0 g; Protein 8.7 g; Sodium 242 mg